

# Stundaskrá Víðsjá 12. jan - 20. feb

| Tími          | Mánudagur                                                | Þriðjudagur                                                | Miðvikudagur                                       | Fimmtudagur                                                            | Föstudagur                              |
|---------------|----------------------------------------------------------|------------------------------------------------------------|----------------------------------------------------|------------------------------------------------------------------------|-----------------------------------------|
| 08:30 - 09:00 |                                                          |                                                            |                                                    |                                                                        |                                         |
| 09:00 - 10:00 | 09:00 - 10:00<br>Hafragrautur/Samvera                    | 09:00 - 10:00<br>Hafragrautur/Samvera                      | 09:00 - 10:00<br>Hafragrautur/Samvera              | 09:00 - 10:00<br>Hafragrautur/Samvera                                  | 09:00 - 10:00<br>Hafragrautur/Samvera   |
| 10:00 - 11:00 | 08:30 - 11:30<br>Sundlaug<br>sjálfsbjargar<br>Opinn tími | 10:00 - 11:00<br>Nám og atvinnulíf<br>Hrafnhildur          | 10:00 - 12:00<br>Námsaðstoð<br>Hrafnhildur         | 08:30 - 11:30<br>Sundlaug<br>sjálfsbjargar<br>Opinn tími               | 10:00 - 11:00<br>Spilatími              |
| 11:00 - 12:00 |                                                          | 11:00 - 12:00<br>Bílprófshópur<br>Halla                    | 10:00 - 12:00<br>Útivist<br>Halla                  | 09:45 - 13:30<br>Katla fitness og<br>matur í<br>Fjölsmiðjunni<br>Halla | 10:00 - 11:30<br>Bíó                    |
| 12:00 - 12:30 | Hádegishlé                                               |                                                            | Hádegishlé                                         |                                                                        | Helgarfrí                               |
| 12:30 - 13:00 |                                                          | 12:30 - 14:00<br>Skapandi skrif<br>Byrjendur<br>Elvar      |                                                    |                                                                        |                                         |
| 13:00 - 14:00 | 13:00 - 15:00<br>Jákvæð sálfræði<br>Hrefna Guðmundsd.    | 12:30 - 14:00<br>Myndlist -<br>málun<br>Svana              | 13:00 - 15:00<br>Næringarfræði<br>Guðmundur Gaukur | 13:00 - 15:00<br>Matreiðsla<br>Eygló                                   | 12:30 - 15:00<br>Handavinna<br>Halldóra |
| 14:00 - 15:00 |                                                          | 14:00 - 15:00<br>Skapandi skrif<br>Framhaldshópur<br>Elvar |                                                    |                                                                        |                                         |